

Student Assist

Emotional support and practical wellbeing resources for adult students

The transition to college life can be overwhelming. Navigating academic demands along with other life responsibilities can cause significant stress for students, potentially impacting their academic performance, degree completion, and long-term wellbeing. Student Assist partners with colleges and universities to provide comprehensive emotional support, life coaching, and work-life resources to traditional and non-traditional students.





Customized support designed to maximize student wellbeing

- · Short-term, solution-focused counseling
- Work-life information, resources, and referrals, including financial, health, and legal resources
- Life-coaching assistance

Services provided by an industry leader

- The world's largest independent provider of wellbeing support solutions
- Offers an expansive, nationwide network of licensed counselors
- Staff includes certified coaches, licensed counselors, and experienced work-life specialists
- Access to services available 24/7 via telephone, email, and the iConnectYou smart phone app

Seamless integration with other services

- Referrals can be directed to other appropriate student benefits and resources
- Branding can reflect existing programs and student communications
- Promotional support and materials available in electronic format

SUPPORT IN ACTION

A student called in for support, sharing that he was struggling to balance his increased course load with his job responsibilities. He was also concerned about his relationship with his direct supervisor. Even though the student was in his final year of studies, he debated dropping out. In addition to receiving in-the-moment support, the student was referred to a faceto-face counselor who worked with him on several skills including stress management and time management techniques. After a few sessions, the student reported he resolved his issues with his manager and was growing more confident in his ability to balance his work and academic responsibilities.

The story above is based on a real-life situation, but details have been changed or omitted to protect the anonymity of the individual receiving support.

This product overview is intended for descriptive purposes only. Product details and availability may vary by market. Please speak with your account manager or business solutions representative for more information. © Workplace Options, 2021

www.workplaceoptions.com service@workplaceoptions.com